

Hello boss,

Can we talk about team building?

I've found something different for our next team day. Robertswood runs song, dance and theatre workshops where teams learn the moves, make their own show and perform it together. No sitting still. No slideshow.

It works

Research from Oxford and Stanford universities shows that singing and moving together helps groups bond faster and cooperate more.

It's easy

A half or full day, at our office or a venue they arrange. Catering and transport can be included too.

It lasts

We'd finish with an evaluation and enrichment session that links what we learned back to our work.

How it would work

Robertswood runs a planning session with us, we choose a workshop and a date, and they take care of the rest. We could try Clogs to Dogs, Only A Cabaret Chum or To Broadway and Beyoncé, then create our own show.

We've never done anything like this, which is exactly why I think it would help. Could we ask Robertswood where to start?

robertswood.com.au

Email Ruth: contact@robertswood.com.au

What do you think?

